Udon Noodle Salad

うどんサラダ

Ingredients (1 serving)

1 bunch (3.1 oz.) Dried Udon NoodlesBoiled Water for boiling noodles

4 Grape Tomatoes

½ cup Frozen Corn

2 leaves of Iceberg Lettuce

1 Tbsp. Soy Sauce

1 Tbsp. Rice Vinegar

½ Tbsp. Sesame Oil

1 tsp. Grated Ginger

Prepare Boiled Water



Boil water for boiling Udon noodles.

Prepare Vegetables



Cut 4 washed grape tomatoes in half and break 2 leaves of iceberg lettuce with your fingers.

Put ½ cup of frozen corn on room temperature to defrost.

Boil Udon Noodle



Boil a bunch of Udon noodles over medium heat for about 5 minutes, following the directions on the package. Stir occasionally.



Drain and wash the Udon noodles with running water immediately.

Dressing



In a bowl, combine
1 Tbsp. of soy sauce,
1 Tbsp. of rice vinegar,
½ Tbsp. of sesame oil and
1 tsp. of grated ginger.
Mix well.

Mix



Add the Udon noodles, the corn, the cut tomatoes and the lettuce to the dressing bowl.

Mix well.

