

Tuna Sandwich

ツナサンドイッチ

● Ingredients (servings 2)

A 5 oz. can of Tuna

4 leaves Romaine Lettuce

1 Tomato

1 Tbsp. Mayonnaise

4 slices Bread (any kind)

Some Margarine or Butter

- Prepare Tuna



Drain a can of tuna.



Transfer the drained tuna into a bowl and combine with 1 Tbsp. of Mayonnaise.



Mix well.

- Prepare Vegetables



Wash 4 leaves of romaine lettuce and slice a washed tomato.

- Sandwich



Spread margarine or butter on 4 slices of bread.



Put a romaine lettuce leaf on the buttered bread. (Tear the lettuce leaves down to the size of the bread you are using)



Place half of the tuna mixture onto the leaf and spread thinly.



Put 2 slices of tomato onto the tuna.



Finally, place one more lettuce leaf on the tomato and put another piece buttered bread on top.

Enjoy!!

