

Easy Egg and Cabbage Breakfast Delight

巣ごもり卵

● Ingredients (serving 1)

3 pieces Cabbage Leaf

1 Egg

Pinch of Salt (to taste)

Pinch of Black Pepper (to taste)

1 tsp. Margarine

● Prepare



Slice 3 pieces of washed cabbage leaf.

Place the sliced cabbage on a microwavable plate and make hollow in the center. Break an egg in the hollow.

Stick a tooth pick into the yolk a couple of times in different places.

● Season



Sprinkle a pinch of salt and black pepper.

● Cook



Microwave for 2:30~3 minutes. If you like soft-boiled egg, stop the microwave and check the egg halfway.

Add 1 tsp. of margarine to the dish and serve.

